

# **First Aid at Work**

| Accreditation         | Qualsafe Awards |
|-----------------------|-----------------|
| Course duration       | 3 Days          |
| Certificate valid for | 3 years         |

## Who should attend

The **QA Level 3 Award in First Aid at Work (RQF)** is a regulated and nationally recognised qualification, specifically designed for those who are appointed to act as a first aider in their workplace. It is also ideal for people who have a specific responsibility to provide first aid in voluntary and community activities.

## **Course information**

#### **Overview**

Over a 3 day period, Learners will develop the skills and knowledge needed to deal with a range of first aid situations, including: assessing an incident, managing an unresponsive casualty, CPR, heart attacks, choking, head and spinal injuries, fractures, anaphylaxis and more.

#### Objective

The objective of the qualification is to benefit Learners by enabling them to attain the knowledge and practical competencies needed to deal with a range of first aid situations and/or take on the role of first aider in the workplace.

#### **Purpose**

The purpose of this qualification is to prepare the Learner to develop the skills and knowledge needed to take on the role of first aider in the workplace.

#### **Entry requirements**

Learners must be at least 14 years old on the first day of the training. There are no other formal entry requirements but to benefit from the learning we advise that Learners have a minimum of Level 1 in literacy or numeracy or equivalent.

#### Learner Numbers

In order to ensure the interaction between the learners and the tutor is spread evenly and effectively, the maximum number of learners allowed on a course is twelve.

#### Assessment

6 x Practical assessments, 2 x Theory assessments (Multiple Choice Question Papers) and continuous formative assessment conducted throughout the course.



# Certification

Successful Learners will receive a QA Level 3 Award in First Aid at Work (RQF) certificate as well a plastic aide memoire, both personalised with their Centre's details.

## **Requalification requirements**

This qualification is valid for a period of 3 years. The Learner needs to retake the qualification before the certificate expiry date to remain qualified. It is possible to reduce GLH when requalifying and attend a 12 hour FAW requalifying course. In order to attend a 12 hour requalifying course, Learners must produce their current or previous recently expired FAW certificate. The certificate should be in a format as accepted by HSE. Requalification training should be delivered in no less than 12 hours (2 days) excluding breaks.

# **More details**

#### Progression

The QA Level 3 Award in First Aid at Work (RQF) may be used towards other qualifications at the same and higher level, plus aid career progression in a relevant profession.