

# Ladder and Stepladder Users Course

Accreditation	ESS Certificate
Course duration	Half Day
Certificate valid for	3 years

## Who should attend

The Ladder and Step Ladder Users Course is aimed at personnel who are or will be responsible for use of ladders and step ladders in the work place. There is no prerequisite required for this course although a working knowledge of ladders is an advantage.

## Course information

### Overview

The half day Ladder and Step Ladder Users Course is for those wanting to equip themselves with the knowledge, skills and confidence necessary to use ladders and step ladders legally and safely.

Under the regulations every person in the chain leading up to, and including, the final user, has a duty of care to both themselves and others to know and understand the practical implications of working safety at height. Demonstration of competence is a key requirement of the new regulations and successful completion of the Ladder and Step Ladder Training Course provides proof of such competence.

### Course Content

Successful delegates will gain an understanding of current relevant legislation and best practice on a range of Ladders and Step Ladders and be able to carry out a pre-use inspect and most importantly use them safely, in line with current approved methods and manufacturer's instructions. The course agenda includes:

- Legislation and Regulations affecting Work at Height
- Requirements for the use of Ladders and Step Ladders under Schedule 6 of the Work at Height Regulations
- Product standards and classifications for ladders and step ladders in the workplace
- Hazards affecting the use of Ladders and Step Ladders
- The need to planning and risk management using the S.T.E.P format
  - Site
  - Task
  - Equipment
  - Personnel
- Pre-use Ladder and Step Ladder Inspection
- Correct Storage and Transport of Ladders
- Complete a practical assessment in the correct selection, risk assessment and use of Ladders and Step Ladder safely

### Learner Numbers

In order to ensure the interaction between the learners and the tutor is spread evenly and effectively, the maximum number of learners allowed on a course is eight.

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## Assessment

A short multiple choice theoretical test.

A practical Ladder Exercise to demonstrate understanding and principles of safe use.

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## Certification

Successful learners will be awarded an Essential Site Skills Ladder and Step Ladder Users Course certificate valid for 3 years.

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## More details

### Benefits of Work at Height training

Second to Respiratory related illnesses only, Work at Height is the 2nd biggest cause of workplace deaths throughout the UK across all industries. To safeguard both the employer and employee, training on working at height procedures and processes is a MUST to avoid potential life changing injuries, if not death to an employee. A suitable and sufficient risk assessment for high risk activities must be carried out with the necessary safety precautions implemented and controlled - the only way to ensure legal and practical compliance is by attending one of our informative Work at Height courses.

With an estimated two million ladders in daily use across the UK, it is perhaps not surprising that ladders account for around 40% of falls from height accidents investigated by the Health & Safety Executive in workplaces in the UK each year.