

CITB Health and Safety Awareness (HSA)

Accreditation	CITB
Course duration	1 Day
Certificate valid for	5 years

Who should attend

This course is for those who have entered, or are about to enter, the construction and civil engineering industry as a member of the workforce to help them understand the potential hazards that they face at work on site. It aims to provide a practical summary of health and safety, welfare and environmental health and safety issues.

Course information

Overview

This one-day course is designed to aid the understanding of potential hazards the construction worker may face on site.

It provides a practical summary of health, safety, welfare and environmental issues, identifying the delegate's responsibility for looking after themselves and others; outlining the employer's duties; and explaining what should be done if the worker thinks that anyone's health and safety is being put at risk.

The course is an ideal foundation for those wishing to obtain an industry accreditation card.

This course is also an alternative route to the QCF Level 1 Award in Health and Safety in a Construction Environment for the CSCS Labourer Card.

The HSA course provides health and safety awareness and is endorsed by Build UK as standard training for all operatives on site.

Aims and Objectives

To ensure the individual responsibilities are understood:

- why they are carrying out their identified roles
- what is expected of them
- how they contribute to the safety of the workplace.

At the end of the day the delegates will be able to:

- understand the need to prevent accidents
- have an understanding of health and safety law
- identify how their role fits into the control and management of the site
- understand the need for risk assessments and method statements
- appreciate the need to perform safely and to stop and ask for advice if not sure
- report unsafe acts to prevent an accident.

Entry requirements

Delegates must be competent in English at operative level. The course content is suited to all ability levels.

Delegate Numbers

The minimum number of delegates per course is 3. The maximum number of delegates per course is 20. These are stipulated by the awarding body and are not subject to appeal.

Assessment

Assessment will be by multiple-choice question paper at the end of the course. Delegates are also expected to actively participate during the course.

Exam Details

The examination paper consists of 25 multiple-choice questions: 20 questions are worth one mark each and 5 questions are worth two marks each.

The examination pass mark is 83% (25 out of 30)

There are 3 safety critical questions in each exam paper. The delegate must get all 3 of these questions correct to pass the exam.

The examination lasts for 30 minutes and must be completed within this time. This is a closed book exam.

Resit Option

If a delegate is unsuccessful in achieving 25 marks out of 30 (83%) it results in a fail. The delegate may re-sit the multiple-choice examination. The examination can either be retaken on the same day or the delegate can attend another course within a 90 day period (the delegate is not obliged to re-sit the day's course).

The training provider must make the arrangements with the delegate and ensure that the same examination paper is not used twice).

Subsequent arrangements will be at the delegate's own expense.

Where the delegate scores 18 marks out of 30 (68%) or less in the final examination, the delegate must attend the full HSA course again before they are allowed to re-sit the examination.

Certification

Successful delegates will be awarded a CITB Health and Safety Awareness Certificate valid for 5 years. It takes approximately 6-8 weeks for the CITB to issue certification.

More details

Progression

A natural progression from this course would be to attend the Site Supervisor Safety Training Scheme

(SSSTS) or a Supervisor Specialist Skills course.

Existing site managers, agents, surveyors and persons holding positions of managerial control should attend the Site Management Safety Training Scheme (SMSTS) course.

Course Publication

Safe Start Health, safety and environment handbook GE 707.

Programme

Module 1

- Legal and general responsibilities
- Accident and ill health. Prevention and recording

Module 2

- Health and welfare
- First aid and emergency
- PPE
- Asbestos
- Respiratory hazards
- Noise and vibration
- Hazardous substances
- Manual handling

Module 3

- Safety signs
- Fire prevention and control
- Electrical safety, tools and equipment
- Site transport safety
- Lifting operations and equipment

Module 4

- Working at height
- Excavations
- Confined spaces

Module 5

- Environmental awareness
- Pollution
- Waste materials
- Nuisance