

NCFE CACHE Awareness of Mental Health Problems

Accreditation	NCFE
Course duration	3 months blended learning
Certificate valid for	Never expires

Who should attend

The NCFE CACHE Level 2 Certificate in Awareness of Mental Health Problems is eligible for European Social Funding and is for learners working, or about to work in a wide range of public service roles. It will help develop knowledge and understanding of mental health and problems that can cause mental ill-health.

Course information

This qualification is designed for anyone looking to develop their understanding of mental health and the problems that can cause mental ill-health.

This qualification aims to raise awareness of mental health and a range of mental health problems.

Course Objective

The objective of this qualification is to develop the learner's understanding of a range of mental health problems, which could be used to support their role in the workplace or where they may work or interact with individuals with mental health problems.

Course Units

1. Understanding mental health
 2. Understanding stress
 3. Understanding anxiety
 4. Understanding phobias
 5. Understanding depression
 6. Understanding postnatal depression
 7. Understanding bipolar disorder
 8. Understanding schizophrenia
 9. Understanding dementia
 10. Understanding eating disorders
 11. Understanding Attention Deficit Hyperactivity Disorder – ADHD
 12. Understanding Obsessive Compulsive Disorder – OCD
 13. Understanding Post-Traumatic Stress Disorder – PTSD
-

Assessment

To be awarded the Level 2 Certificate in Awareness of Mental Health Problems, learners are required to successfully complete 13 mandatory units.

Assessment involves a blended delivery approach - This is a mixture of face-to-face and remote sessions with a qualified health and social care assessor.

Certification

Delegates will be awarded the NCFE CACHE Level 2 Certificate in Awareness of Mental Health Problems.

More details

Progression Opportunities

Learners who achieve this qualification could progress to:

- Level 2 and 3 Diploma in Health and Social Care (Adults) for England
- Level 2 and 3 Certificate in Preparing to Work in Adult Social Care
- Level 2 Award in Awareness of Dementia
- Level 2 and 3 Certificate for Working in the Health Sector
- Level 3 Certificate in the Principles of End of Life Care
- Level 3 Certificate in Stroke Care Management
- Intermediate and Advanced Apprenticeships in Health & Social Care

Workers within a wide range of public service roles will interact with those with mental health issues and support needs in their day to day work. This could be those working in areas such as customer service, housing, voluntary sector, sport and recreation, hospitality, travel and tourism etc. This qualification would specifically support those workers to understand mental health issues.

Funding and Support

We are able to offer this course fully funded through The Adult Education Budget (AEB) and European Social Funding (ESF) - subject to eligibility, Please contact us to find out more about eligibility, along with the course dates we have running in various locations around the UK.