

# Control of Substances Hazardous to Health (COSHH)

<b>Accreditation</b>	ESS Certificate
<b>Course duration</b>	Half Day
<b>Certificate valid for</b>	3 Years

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## Who should attend

This half day course is aimed at those working with substances which could be hazardous to a workers health and identifies the legal requirements that must be complied with.

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## Course information

### Overview

Specifically, the course focuses on the COSHH Regs 2002 (as amended) and how it applies to the use and control of hazardous substances, allowing delegates understand their duties and their employer duties.

Company 'safe use' and health and safety policy requirements will be illustrated to ensure understanding; using practical examples, discussion and case studies.

### Course Content

- Health and Safety at work duties
- Overview of COSHH 2002
- Overview of Classification, Labelling and Packaging of Chemicals 2015
- Health affects to the human body
- Safety Data sheets
- PPE Requirements
- Overview of EH40 and exposure limits
- Understand the requirements of a COSHH assessments

### Outcome

Upon successful completion of this course, delegates will have an understanding of the employer and their duties regarding COSHH and know the requirements of a COSHH assessment.

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## Assessment

Compiling Scenario based COSHH assessments.

A multiple choice theory question test.

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## Certification

Successful delegates will be awarded an Essential Site Skills Control of Substances Hazardous to Health (COSHH) certificate valid for 3 years

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## More details

### What is COSHH?

COSHH is the law that requires employers to control substances that are hazardous to health. You can prevent or reduce workers exposure to hazardous substances by:

- finding out what the health hazards are
- deciding how to prevent harm to health (risk assessment)
- providing control measures to reduce harm to health
- making sure they are used
- keeping all control measures in good working order
- providing information, instruction and training for employees and others
- providing monitoring and health surveillance in appropriate cases
- planning for emergencies

Most businesses use substances, or products that are mixtures of substances. Some processes create substances. These could cause harm to employees, contractors and other people.

Sometimes substances are easily recognised as harmful. Common substances such as paint, bleach or dust from natural materials may also be harmful.